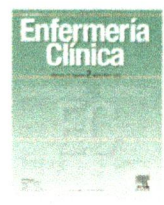




ELSEVIER

# Enfermería Clínica

www.elsevier.es/enfermeriaclinica



## The role of *Tamiang's* local wisdom in decreasing postpartum depression: A linguistic anthropology study<sup>☆</sup>



Halimatussakdiah<sup>a</sup>, Robert Sibarani<sup>b,\*</sup>, Mardiana E. Fachry<sup>c</sup>

10

<sup>a</sup> Department of Linguistics, Universitas Sumatera Utara, Indonesia

<sup>b</sup> Faculty of Cultural Science, Universitas Sumatera Utara, Indonesia

<sup>c</sup> Department of Gender, Development, Graduate School, Hasanuddin University, Indonesia

Received 29 May 2019; accepted 15 July 2019

### KEYWORDS

Tamiang's local wisdom;  
Linguistic anthropology;  
Postpartum depression

### Abstract

**Objective:** This study aimed to find the role of Tamiang's local wisdom in decreasing postpartum depression: a linguistic anthropology study.

**Method:** This research employed qualitative paradigm. As a qualitative research, it employed four methods of data collection, namely in-depth open-ended interview, direct participatory observation, focus group discussion which is often abbreviated as FGD and ten documents. Data collected were analyzed by interactive model of Miles and Huberman. The focus of analysis is on performance, indexicality and participation as components of linguistic anthropology.

**Results:** Tamiang's local wisdom in decreasing postpartum depression indexed in the process of *Lepas dapur* as a tradition to celebrate giving birth are thanksgiving, social loyalty and mutual cooperation. The role of Tamiang's local wisdom indicates that local wisdom can be used to decrease postpartum depression. One of five factors associated with postpartum depression is social risk factors. Its means that role of local wisdom is important to prevent the social risk factor and utilized to support being a mother without psychology's problems.

**Conclusion:** The role of Tamiang's local wisdom are used to decrease postpartum depression on social risk factors which are indexed in Tamiang Birth Tradition.

© 2019 Published by Elsevier España, S.L.U.

### Introduction

Postpartum depression (PPD) is a special state of serious mental health disorder<sup>1</sup> for mothers after birth that characterized by a prolonged period of emotional disturbance and becomes a community mental health problem.<sup>2</sup> It causes may be physiological, situational, or multifactorial.<sup>3</sup>

Peer-review under responsibility of the scientific committee of the International Conference on Women and Societal Perspective on Quality of Life (WOSQUAL-2019). Full-text and the content of it is under responsibility of authors of the article.

\* Corresponding author.  
E-mail addresses: rs.sibarani@yahoo.com, pmc@agri.unhas.ac.id (R. Sibarani).

<https://doi.org/10.1016/j.enfcli.2019.07.145>  
1130-8621/© 2019 Published by Elsevier España, S.L.U.

ORIGINALITY REPORT

18%

SIMILARITY INDEX

14%

INTERNET SOURCES

9%

PUBLICATIONS

7%

STUDENT PAPERS

PRIMARY SOURCES

1	<a href="http://www.abacademies.org">www.abacademies.org</a> Internet Source	2%
2	Lidwina Dewiyanti Wea, Yohana Hepilita, Mardiana E. Fachry. "The experiences of visually impaired teenage girls on menstrual hygiene management: a qualitative study", <i>Enfermería Clínica</i> , 2020 Publication	2%
3	Submitted to Western Governors University Student Paper	2%
4	Submitted to Dyersburg State Community College Student Paper	2%
5	<a href="http://ddms.usim.edu.my">ddms.usim.edu.my</a> Internet Source	1%
6	<a href="http://rigeo.org">rigeo.org</a> Internet Source	1%
7	<a href="http://adoc.pub">adoc.pub</a> Internet Source	1%

8	Submitted to Universitas Sebelas Maret Student Paper	1 %
9	<a href="http://www.thieme-connect.com">www.thieme-connect.com</a> Internet Source	1 %
10	Yessy Octavianna, Robert Sibarani, Hamzon Situmorang, Nam Syahot Hasibuan. "Traditional praying performance Martonggotonggo and dancing performance Marpaniaran for the women's health at the Toba Batak traditional wedding ceremony", Enfermería Clínica, 2020 Publication	1 %
11	<a href="http://id.123dok.com">id.123dok.com</a> Internet Source	1 %
12	Nenni Triana Sinaga, Robert Sibarani, Pujiati ., Budi Agustono. "The Local Wisdom of the Mangarou Totok Spell Towards Natural Resources in the Simalungun Community: An Anthropolinguistic Study", KnE Social Sciences, 2021 Publication	1 %
13	Submitted to State Islamic University of Alauddin Makassar Student Paper	1 %
14	<a href="http://iopscience.iop.org">iopscience.iop.org</a> Internet Source	<1 %

15	<a href="http://www.jehp.net">www.jehp.net</a> Internet Source	<1 %
16	<a href="http://ijcst.trunojoyo.ac.id">ijcst.trunojoyo.ac.id</a> Internet Source	<1 %
17	<a href="http://knepublishing.com">knepublishing.com</a> Internet Source	<1 %
18	<a href="http://repository.unhas.ac.id">repository.unhas.ac.id</a> Internet Source	<1 %
19	<a href="http://media.neliti.com">media.neliti.com</a> Internet Source	<1 %

Exclude quotes  On

Exclude bibliography  On

Exclude matches  < 5 words